

START TIMES 27 - 28 June 2026

Fjällmaraton Gastronomi 42 km, Ottsjö 06.30-08.30 open start time **Fjällmaraton Gastronomi 24 km**, Trillevallen 09.00-11.00 open start time

Food serving at the finish will begin at 12:00. So if you're planning on running fast, pick a later start time. Be aware that 6.30 and 8.30 could both be busy start times.

NUMBERS

To speed up the collection process, please supply the staff with your full name and the start number allocated to you on the entry list.

Entries are capped at 350 per day.

Where and when to collect your number:

Gastronomi 24 & 42 km

Friday 26/6		(only for those starting on Saturday)		
		16:00 - 17:30	Ottsjö Fjällmaratoncentret – refer to map on final page	
		18:30 - 20:00	Trillevallens Högfjällshotell	
Saturday	27/6	06:15 - 08:30	Start för Gastronomi 42, Ottsjö Fjällmaratoncenter	
Saturday	27/6	08:15 - 11:00	Start för Gastronomi 24, Trillevallen Ripan	
Sunday	28/6	06:15 - 08:30	Start för Gastronomi 42, Ottsjö Fjällmaratoncenter	
Sunday	28/6	08:15 - 11:00	Start för Gastronomi 24, Trillevallen Ripan	

REUSABLE CUP & CUTLERY FOR FEED STATIONS

When collecting your number, all participants will receive a cup and cutlery from the Swedish brand <u>Light My Fire</u> to be used at the feed stations. There are no single-use items so bring these along on the day to make sure you keep hydrated and fed at the stations.



POST-EVENT KIT

Your post-event kit refers to the non-event clothing you turn up to Fjällmaraton Gastronomi in and want to have back at the finish—don't confuse this section with the obligatory equipment.

When you collect your number, you will receive a sticker with the same number on it. Stick this number on your **own** bag containing clean clothes for after the event.

Drop this bag at the designated spot at the start and these will be transported by the organisers to the finish arena in Ottsjö.

SHOWERS & TOILETS

There's a bathing spot in the lake, located around 700 metres from the finish arena in Ottsjö. Toilets will be available in both the start and the finish zones.

ACCOMMODATION

We suggest booking accommodation at Trillevallens Högfjällshotell or in Ottsjö where the finish arena is located, as there will be transport options running between the start and finish.

Trillevallens Högfjällshotell:

0647-360 90 <u>bokning@trillevallen.com</u> www.trillevallen.com/erbjudande

Accommodation options in Ottsjö

Ottsjö Wärdshus:

070 3349697 info@ottsjowardshus.se

www.ottsjowardshus.se

Ottsjö Fjällby: 0647 - 342 10

www.ottsjofjallby.se

Ottsjö Fjällstugor: 0647-340 30 www.ottsjo.net/ottsjofjallstug.htm

Ottsjö Mountain Village Homes

https://ottsjo.sirvoy.me

BUS TRANSFER TO THE START

Bus transfers will run from Ottsjö, Trillevallen and Undersåkers train station according to the schedule below on BOTH Saturday 27 June and Sunday 28 June.

In the week or so leading up to the event, we'll send you a form to submit your chosen bus time.

To the start in Ottsjö

Trillevallens Högfjällshotell 06:10, 06:40, 07:10, 07:40, 08:10

Undersåkers station 06:00, 07:00, 08:00

To the start in Trillevallen

Ottsjö Ica Bua 08:30, 09:20, 10:00, 10:40

Undersåkers station 08:30, 09:20, 10:10

For anyone arriving on the early train to Undersåker, choose the most suitable transfer time to the start.

TIPS:

For those who prefer to have their car at the finish area upon finishing:

Drive to Ottsjö and follow signs to the designated parking area for bus transfers. Take a transfer to the start. Once you've finished the event, you won't have far to go to your car.

BUS TRANSFERS AFTER FINISHING

Post-event transfer timetable to Trillevallen (Högfjällshotel) and Undersåker (train station).

14:00, 15:10, 16:20, 17:30 ... and later if necessary.

OBLIGATORY EQUIPMENT

FJÄLLMARATON GASTRONOMI

Obligatory Equipment

- Mobile telephone with safety number +046 070 238 30 56 saved
- Backpack or hip pack
- Windproof jacket
- A spare long-sleeved thermal top/base layer
- Hat/Buff and gloves
- First aid bandage
- Magnetic compass
- · Container for min. 500 ml fluid
- Whistle
- Windproof trousers (weather dependant, you will be informed by SMS in the days leading up to race)

Provided by race

- Two race numbers
- Map
- · Reusable cup for feed stations
- Timing chip





FJÄLLMARATON

RULES

- All litter, including gel wrappers, bottles etc., must be carried until you reach the nearest checkpoint or the finish line.
- We ask that all participants take responsibility for their own wellbeing as well as those around them. As such, we expect you to take care of an injured participant until help arrives.
- If you wish to pull out of the event, you have to inform the nearest staffed checkpoint.
- All participants must be aware of the inherent risks when competing in an off-road event
 like this. Any seriously injured participants will be escorted to safety as quickly as possible
 by the event's designated first-aid staff, however, weather and terrain conditions can
 affect the speed with which a rescue can be carried out. As such, it is essential that
 everyone adheres to the obligatory kit list.

CUT-OFF TIMES

One cut-off time applies to both distances: 14.00 CET at Tobaksdalen feed station (at 10.5 km in the 24km event / 28.5 km in the 42 km event, respectively)

You must have passed the feed station by this time. Participants who fail to meet the cut-off time will not be permitted to continue for reasons of their own safety. Transport back to the finish zone will be arranged by race staff (note: the feed station is 1.8 km from the road).

ÖVERSIKTSKARTA

