

AGO SPRINTEN

MEMO: AGO Sprinten 1 August 2024 Ottsjö

START TIMES

| | |
|-----------------------|-------|
| AGO Sprint Qualifiers | 17:00 |
| Elimination Rounds | 21:00 |
| Final | 22:00 |

NUMMER DISTRIBUTION

Ottsjö Fjällmaratoncenter 15:00 – 16:30

REGISTRATION

Entry fee 250:- SEK.

Entries accepted online until 12:00 midday on Thursday.

Post-race meal for participants included, taking place after the sprint at same time as the prize ceremony.

LATE ENTRIES

Late entries are possible between 15:00–15:30 at the start/finish area in the Fjällmaraton arena. Late entries cost 350:- SEK.

Tips for those coming by car to Ottsjö

Drive to Ottsjö and follow the instructions given by Trillevallens Sportklubb members, who will direct you to a parking space. Your contribution of 50:- SEK includes the parking service and a transfer back to your car after the race. Please follow the instructions given by our volunteers and park in the designated spots to minimise disruption to landowners, the emergency services and residents.

RULES

- Poles are not permitted.
- Please participate fairly – the pulling of other people’s clothes, excessive elbow aggression, or any other unsportsmanlike behaviour will not be tolerated and may lead to disqualification. Photographic evidence is not required for a DQ.

PRIZE MONEY

1st woman 3000 SEK

1st man 3000 SEK

START TIMES

17:00 AGO Sprinten qualifiers begin

21:00 Male quarterfinals heat 1

21:02 Male quarterfinals heat 2

21:04 Male quarterfinals heat 3

21:06 Male quarterfinals heat 4

21:10 Women semi finals heat 1

21:12 Women semi finals heat 2

21:20 Male semi finals heat 1

21:22 Male semi finals heat 2

21:45 WOMEN’S FINAL Sprinten

21:50 MEN’S FINAL Sprinten

22:00 Prize ceremony AGO SPRINTEN

FOOD

Post-race food will be available once a participant is finished in their sprint.